# National Audit for Care at the End of Life (NACEL) Webinar

NACEL 2024 State of the Nations Report and National Recommendations

18<sup>th</sup> September 2025





# Agenda

12:00 – 12:10	The National Audit for Care at the End of Life - Power, Potential and the Big Picture	Sarah Mitchell, National Clinical Director, NHS England
12:10 – 12:20	Reflecting on NACEL 2024	Jessica Moss, NACEL Quality Improvement Lead
12:20 – 12:50	NACEL 2024 State of The Nations Report & National Recommendations	Dr Rosie Bronnert, NACEL Quality Improvement Clinical Advisor
12:50 – 13:05	Supporting resources for QI	Jessica Moss, NACEL Quality Improvement Lead
13:05 – 13:25	Open forum & questions	Jessica Moss, NACEL Quality Improvement Lead
13:25 – 13:30	Next steps & close	Jessica Moss, NACEL Quality Improvement Lead



## **Evaluation**

#### Please share your feedback on the session:

https://forms.office.com/e/5y2KtyhQ1E





# The National Audit for Care at the End of Life

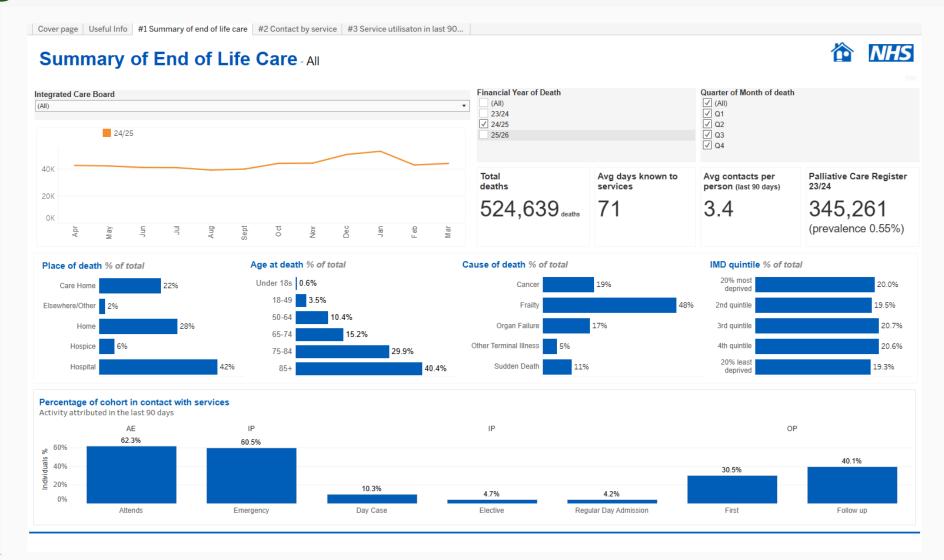
Power, Potential and the Big Picture



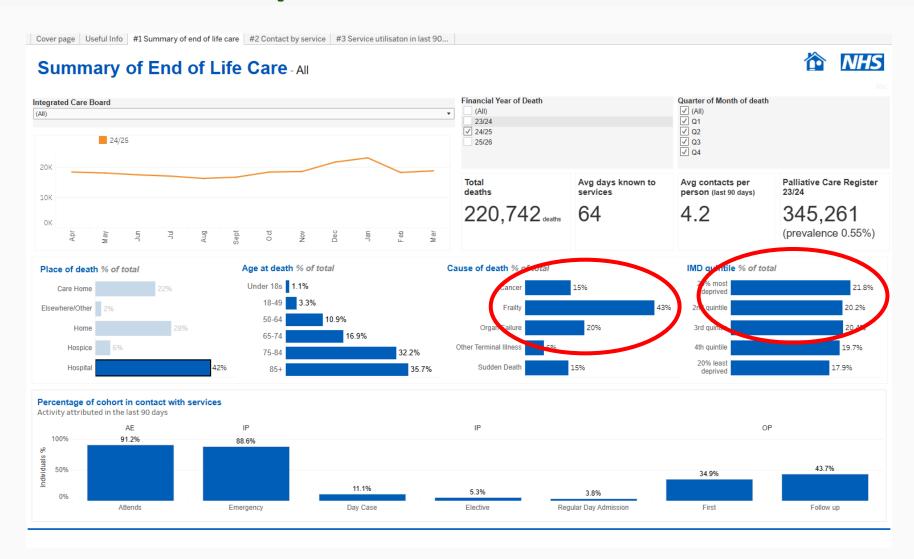
## The Big Picture: Patient and Population Need

- Over 500,000 people die every year in England (1% of the population). This will increase to > 650,000 by 2040
  - Complexity: More people living longer with multiple complex conditions
  - Aging and frailty:
    - Over half of people in England are >80 years old when they die
    - In 2020, 85% of all deaths occurred in people aged 65 years and over. This is projected to increase to 90.9% by 2040.
- Of the 500,000 people who die each year, 70-90% have palliative care needs.
- Currently 56% of people in the last year of life, or who have palliative care needs, are identified in primary care.
- Referrals to Specialist Palliative Care services often occur too late for real benefit.
- People in the most deprived communities have increased use of acute care services in the last 3 months of life, are less likely to receive Specialist Palliative Care services, and are more likely to die in hospital.

#### The Big Picture: Place of Death



### **Place of Death: Hospital**



# The Big Policy Picture





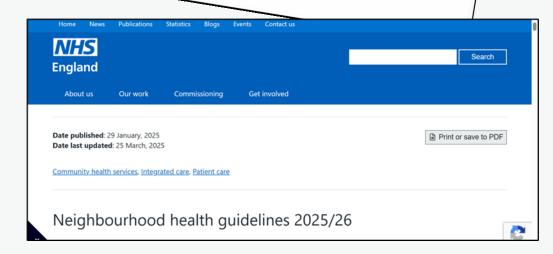
"I can make the last stage of my life as good as possible because everyone works together confidently, honestly and consistently to help me and the people who are important to me, including my carer(s)."

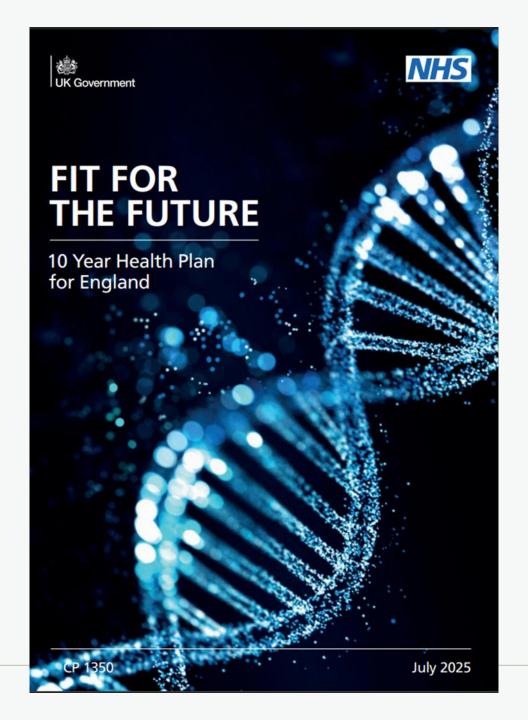
# The legal requirement on ICBs

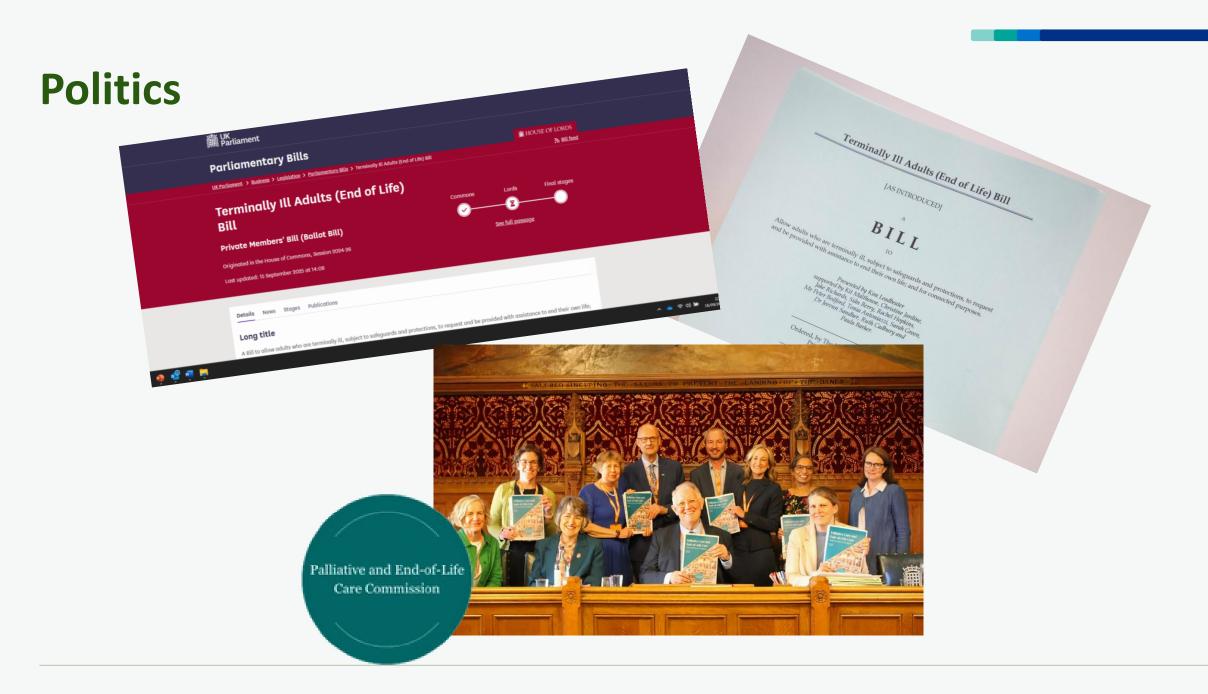
The core responsibility for commissioners is to commission high quality safe services that are tailored to the needs of the individual. The Health and Care Act 2022 states a legal duty on ICBs to commission palliative care services under s3(1)

- An integrated care board must arrange for the provision of the following to such extent as it considers necessary to meet the reasonable requirements of the people for whom it has responsibility—
- (h) such other services or facilities for palliative care as the board considers are

The duty is intended to ensure that the palliative and end of life care needs of people of all ages, with progressive illness or those nearing the end of their lives, and their loved ones and carers, receive the care and support they need to live and







# **Power: Key Findings**

#### Key findings at a glance

National Audit of Care at the End of Life 2024



Proportion of hospital/ sites who have shared their end of life care quality improvement plan with the ICB/Health Board.





Hospital/sites with a face-to-face specialist palliative care service (nurse and/or doctor) available 8 hours a day, 7 days a week.





Proportion of deaths expected by clinical staff during the final admission.





Proportion of clinical notes with evidence of communication about hydration with those important to the dying person, or a reason recorded why not.





Proportion of bereaved people who agreed that the dying person received sufficient pain relief during their final hospital admission.





Proportion of clinical notes with an assessment of the spiritual, religious and cultural needs of those important to the dying person, or a reason recorded why not.





Proportion of bereaved people that rated the overall care and support given to themselves and others by the hospital as excellent or good.





Proportion of clinical notes with evidence that the patient had participated in personalised care and support planning conversations.





84%

Proportion of people expected to die during the hospital admission with an individualised plan of care addressing their needs at the end of life.



86%

Proportion of people who died with their ethnicity documented in their clinical notes.



Proportion of staff who have completed end of life care training within the last three years.



#### **Potential for Impact**



Leadership: provider and commissioner

**Every system level** 



Access to Specialist Palliative
Care

24/7



Improvement initiatives in personalised care and support planning

**Continuity of care** 



More equitable care

Understanding the communities we serve and working in partnership



Increasing uptake of training

Systems, processes and existing resources to improve care

# **NACEL 2024**

Jessica Moss, NACEL QI Lead





#### **About NACEL**

National comparative audit of the quality and outcomes of care experienced by the dying person and those important to them. The overall goal is to improve the quality of care of the dying person and those important to them during the last admission leading to death.

#### **Audit aims:**

- 1. To improve quality of end-of-life care by **identifying areas for action** in relation to delivery and outcomes, and adapting quality improvement priorities in line with evidence and guidance,
- 2. Reduce unwarranted variation through the benchmarking of outcome measures as well as identifying and managing outliers using the appropriate guidance,
- 3. Understand and reduce health inequalities in relation to impact on the specified measures, and
- **4. Share and adopt best practice**, including QI examples and signposting to resources (Data and Improvement Tool).

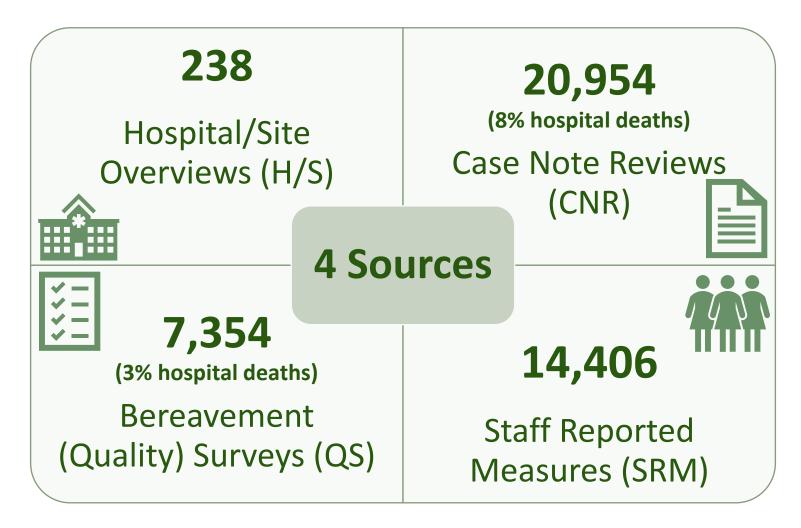








# **NACEL 2024 Sample Size**







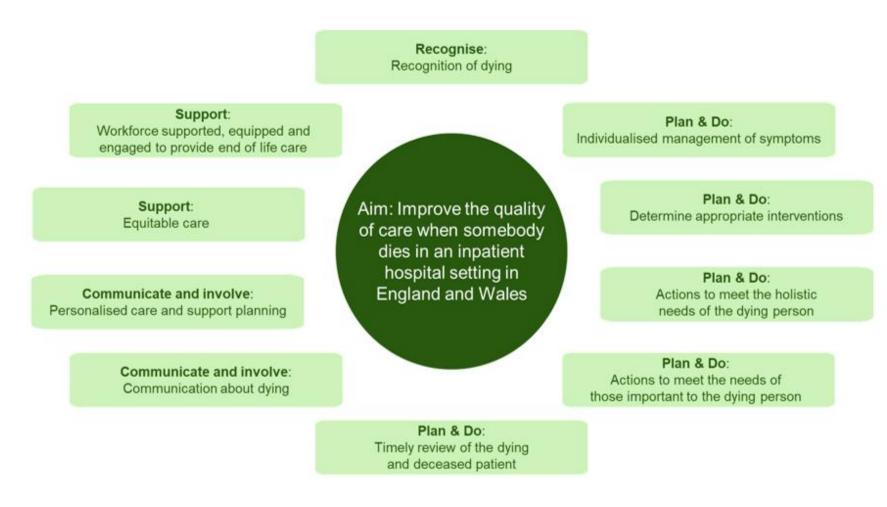
# **Key Findings**

Dr Rosie Bronnert, NACEL QI Clinical Advisor





# **NACEL Primary Drivers**





# State of the Nations Report and Outputs



#### **NACEL Outputs**

2024: Round 5

#### England, Wales and Jersey

- · State of the Nations Report
- Recommendations
- · Annual data sheet
- Infographic
- · Key findings summary
- · Patients and Carers Tool

www.nacel.nhs.uk/outputs





# **NACEL 2024 Key Findings**

Quality Improvement Plans Access to Specialist
Palliative Care
Services

Recognition of Dying

**Hydration Options** 

Pain Relief

Spiritual, Religious and Cultural Needs

Care and Support

Personalised Care and Support Planning

Individualised Plan of Care

**Equitable Care** 

End of Life Care Training

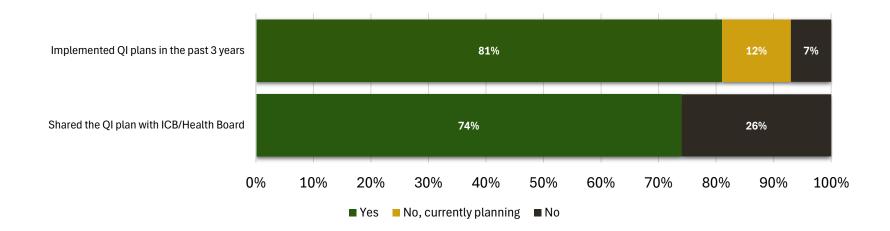




#### **Key Finding 1: Quality Improvement Plans**



Of hospital/sites with quality improvement plans<sup>2</sup> relating to end of life care in place, 74% had shared these plans with the ICB/Health Board in the past three years.



<sup>2</sup>A quality improvement plan refers to a detailed proposal for improving the service quality for those who use it e.g. patients and those important to them (safe, effective & caring service) and/or for those providing services (well-led, sustainable and equitable service).

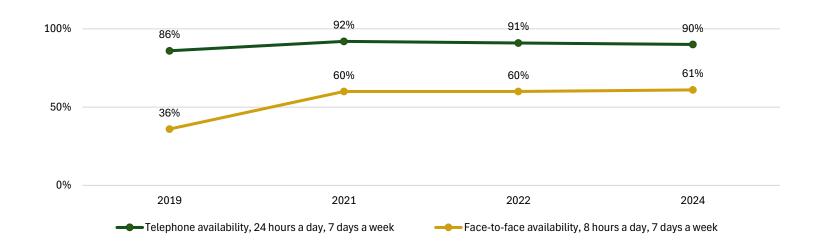




#### **Key Finding 2: Access to Specialist Palliative Care Services**



97% of hospital providers have access to specialist palliative care services. Yet of those providers, 61% have access to a face-to-face specialist palliative care service (nurse and/or doctor) 8 hours a day, 7 days a week.



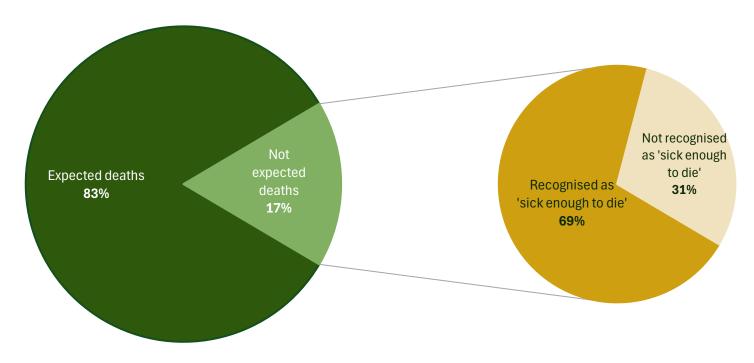




#### **Key Finding 3: Recognition of Dying**



Of the patients audited by the Case Note Review, 83% were expected to die during their final hospital admission. For these patients, the median time between first recognition that the patient might die (within days or hours) and death was 56 hours (2.3 days).



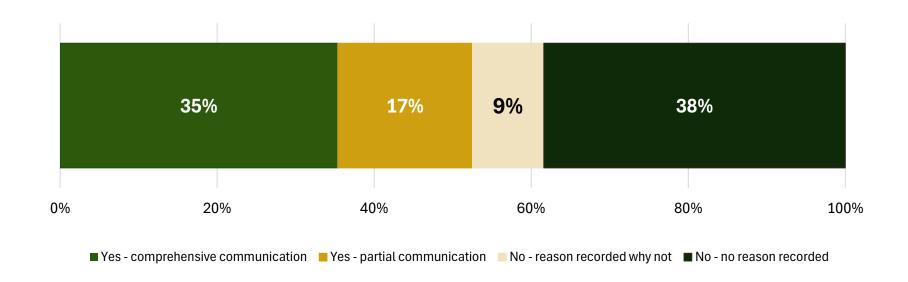




#### **Key Finding 4: Hydration Options**



Less than two thirds (62%) of the clinical case notes sampled had documented evidence that the patient's hydration options had been discussed with those important to the dying person (or where not possible, a reason was recorded).



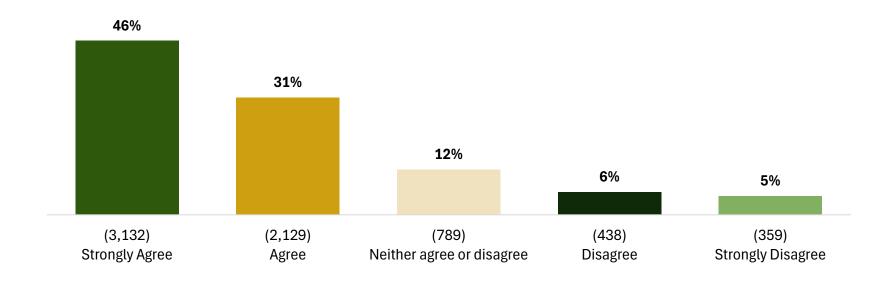




#### **Key Finding 5: Pain Relief**



77% of bereaved respondents agreed that the dying person received sufficient pain relief during their final hospital admission, while 12%\* disagreed with this statement.



\*The combined percentage for "Strongly Disagree" and "Disagree" equates to 12% due to rounding.

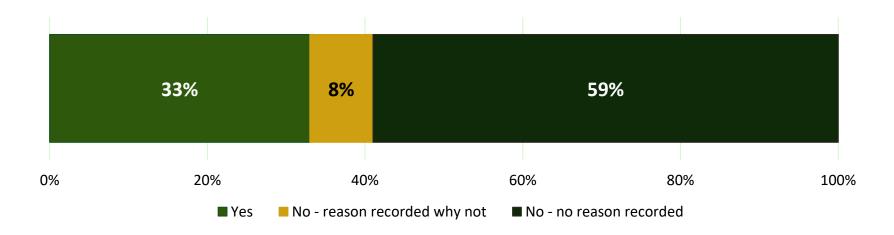




#### **Key Finding 6: Spiritual, Religious and Cultural Needs**



Spiritual, religious and cultural needs were least assessed and addressed when compared to other needs (communication, emotional/psychological and social/practical needs). An assessment of those important to the dying person's spiritual, religious and cultural needs was documented in 41% of cases (or where not possible, a reason was recorded).



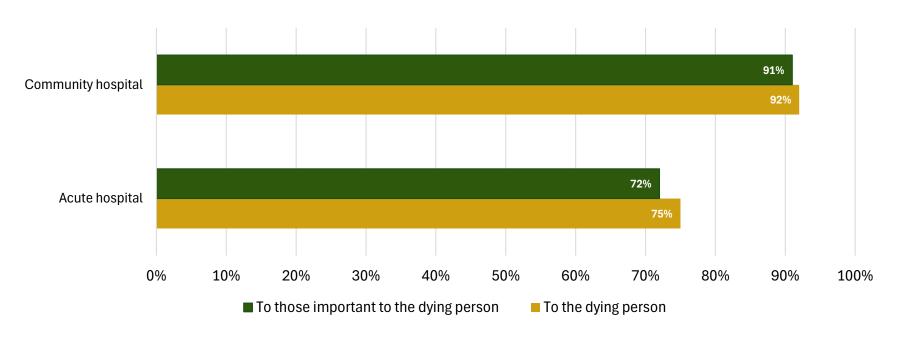




#### **Key Finding 7: Care and Support**



The care and support provided to the dying person was rated as excellent or good by 75% of bereaved respondents, whilst 73% of bereaved respondents rated the care and support given to themselves and others as excellent or good. Bereaved respondents were more likely to rate the care as excellent or good when delivered in a community hospital.

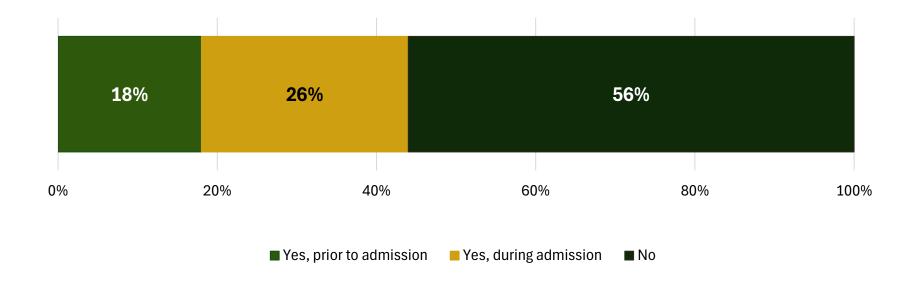




#### **Key Finding 8: Personalised Care and Support Planning**



From the Case Note Review, 44% of patients whose clinical notes were sampled had evidence that they had participated in personalised care and support planning, including advance care planning, conversations.



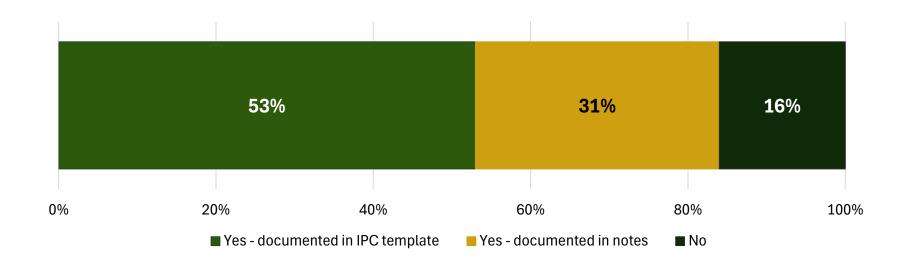




#### **Key Finding 9: Individualised Plan of Care**



Of the people expected to die during the hospital admission, 84% had an individualised plan of care addressing their needs at the end of life. Of these, 63% were documented on a standalone template and 37% within the general clinical notes.



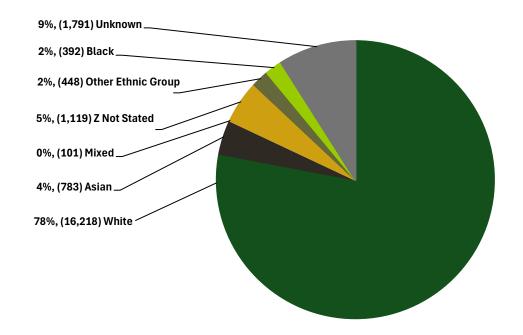




#### **Key Finding 10: Equitable Care**



When reviewing patient ethnicity, 86% of the clinical case notes included documentation of the patient's ethnicity and 14% reported ethnicity as either not stated or unknown.



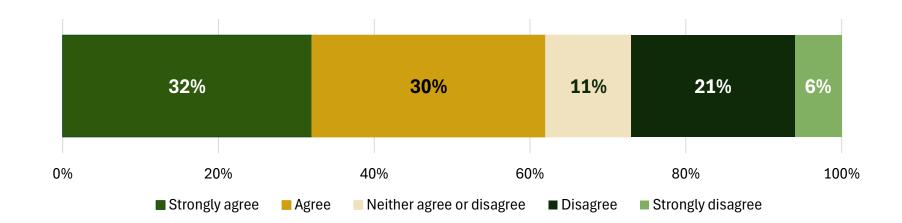




#### **Key Finding 11: End of Life Care Training**



Only 62% of staff respondents had completed training specific to end of life care within the last three years.







Dr Rosie Bronnert, NACEL QI Clinical Advisor





#### **NACEL 2024 Recommendations**



Leadership: provider and commissioner

**Every system level** 



Access to Specialist Palliative
Care

24/7



Improvement initiatives in personalised care and support planning

**Continuity of care** 



More equitable care

Understanding the communities we serve and working in partnership



Increasing uptake of training

Systems, processes and existing resources to improve care



#### Oversight of hospital improvement plans

Integrated care boards, health boards and commissioners should ensure system level oversight of provider quality improvement plans relating to end of life care. For example:

- Having named clinical and executive leadership with responsibility for care at the end of life in both
  provider and commissioner organisations. This may include a system collaborative quality improvement
  group with oversight assurance of delivery
- Signing up to <u>NACEL Data and Improvement Tool</u> to understand provider performance of the <u>10 NACEL</u> <u>Key Indicators</u>
- Requesting receipt of the annual NACEL report and recommendations from the provider within 4 weeks of publication
- Requesting sight of the end of life care quality improvement plan and subsequent activity updates from providers at least once a year







#### Access to specialist palliative care services

Integrated care boards, health boards and commissioners should ensure that services provide specialist palliative medical and nursing cover face-to-face, 8 hours a day, 7 days a week and a 24-hour, 7 days a week, telephone advice service. For example:

- Understanding existing provision of specialist palliative care in hospital including a gap analysis against NICE Standard QS13
- Working collaboratively with providers to develop and implement time-bound action plans to mitigate gaps in access to palliative care services
- Taking account of the population need to match service provision to ensure high quality end of life care, including specialist palliative care where indicated, is delivered for all dying patients
- Publishing strategic plans about system-wide access to specialist palliative care





#### Improve personalised care and support planning

Integrated care boards, health boards and commissioners should lead on collaborative improvement initiatives to increase the number of personalised care and support planning conversations, including advance care planning conversations, offered to patients. Further ensuring planning is shared across the system, including with the inpatient teams. For example:

- Actively seeking and learning from examples of governance and quality improvement initiatives to address unwarranted variation, including reviewing the <u>NACEL Good Practice Compendium</u>
- Monitoring the implementation of improvement work, considering its sustainability along with reviewing the trends in the metrics published by NACEL







#### Equitable care being delivered for all dying people

Integrated care boards, health boards and commissioners should ensure that high quality end of life care is equitable and tailored to the needs of the local population by recognising and actively addressing current inequities across the local system. For example:

- Having a comprehensive understanding of the population living in the local area including the palliative
  care and end of life care needs of those with intersectional disadvantage e.g. from a local needs analysis,
  and/or through the use of existing data such as <a href="Fingertips">Fingertips</a>
- Understanding the provision of hospital services that can support the local population's end of life care
  needs e.g. services to support an urgent release of the body
- Identifying gaps in provision and implement action plans to an agreed timescale
- Publishing strategic plans for the delivery of equitable palliative care and end of life care for all dying people



### **Recommendation 5**



## **Training and support**

Integrated care boards, health boards and commissioners should consider system level initiatives aimed at increasing the uptake and quality of end of life care training. For example:

- Setting standards and establishing guidance, reflective of the local population need, for palliative care and end of life care training
- NACEL data highlights that training should include, but is not limited to, recognition of dying, pain management, discussions about drinking at the end of life and hydration, and assessment of spiritual, religious and cultural needs
- Seeking annual assurance from providers regarding numbers of staff who are undertaking training e.g. e-ELCA
- Developing strategic plans for staff training in palliative care and end of life care to support the delivery of end of life care



# Supporting Resources and outputs for QI

Jessica Moss, QI Lead

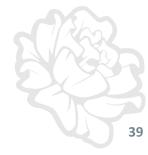




## Where to start with QI

- National recommendations
  - NHS England, Wales & Jersey, DHSC & ICB involvement
- System/Regional/local priorities
- Local Data
  - Local data including audit, NACEL
- Feedback sources
  - Patient and family engagement, complaints, compliments





# Featured NACEL QI Related Outputs







**Data and Improvement Tool** 

**Good Practice Compendium** 









**NACEL Portal QI pages** 

**Impact Compendium** 



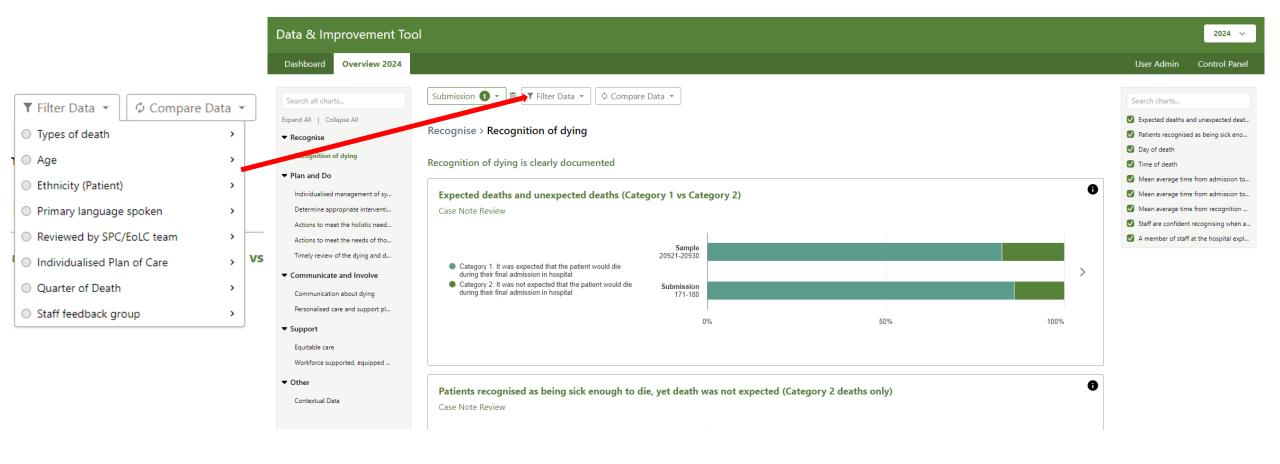


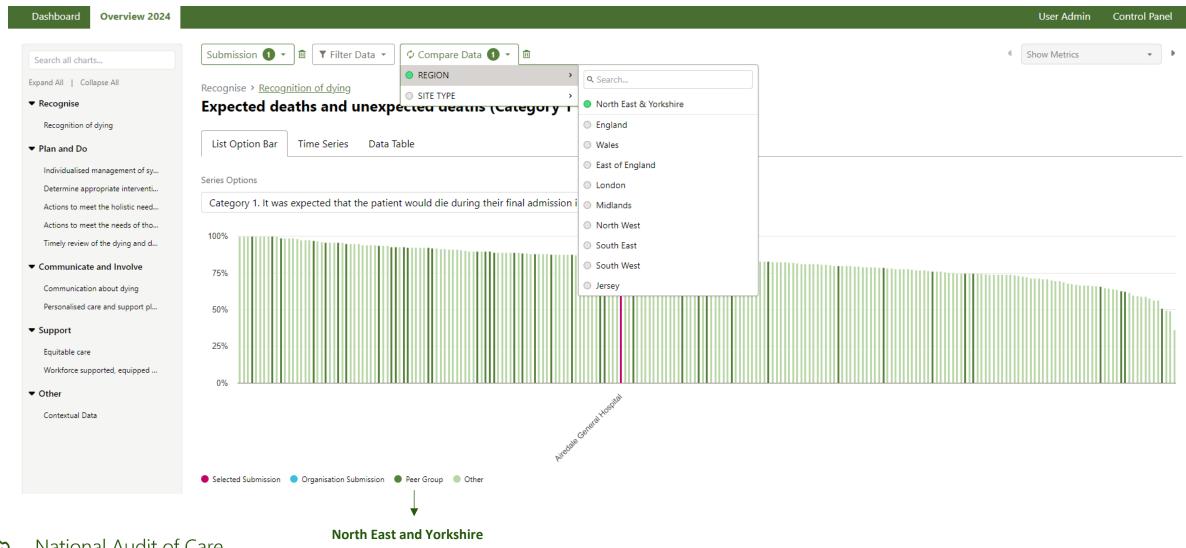


Key Indicator 4. Needs of the 7. Communication 8. Personalised 9. Equitable care 10. Workforce Summary management of appropriate dying person important to the about dying care and support interventions symptoms dying person planning Select submission... Sample (%) is average of all data for the Acute site type **Example organisation** Peer group (%) is average of the data in the Acute site type in the North East and Yorkshire N/A responses have been excluded from the percentages Case notes with documented evidence that staff assessed and sought to address the patient's needs, or reason recorded why not Bereaved people who rated the overall quality of care and support given to the person who died during the final admission as excellent or good 50% 50% 0% 1a. Sought to 1b. Sought to 2b. Sought to 3a. Sought to 3b. Sought to address assess address assess address assess assess address Emotional/Psych. Spiritual/Religiou. Spiritual/Religiou. Social/Practical Social/Practical communication communication Emotional/Psvch. needs needs needs Source: Case Note Review Source: Quality Survey Bereaved people who thought that Bereaved people who strongly agreed or agreed that staff Staff respondents who strongly agreed or agreed Staff respondents who strongly staff involved the person in provided certain parts of care during the final admission that they are confident responding to the needs of agreed or agreed that they are decisions about their care and trea... the dying person confident adapting & delivering c... 100% 50% 50% Treated the Provided care for Made a plan for 0% person with dignity the person's the person's care They were involved emotional needs which considered as much as they Practical and social Spiritual, emotional the person's needs and wishes and cultural needs Source: Quality Survey Source: Quality Survey Source: Staff Reported Measure Source: Staff Reported Measure



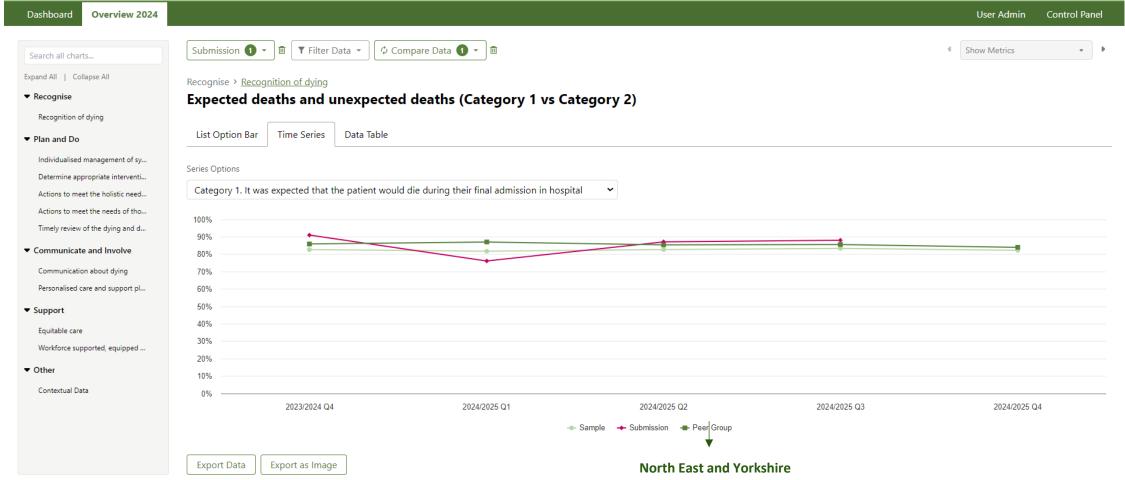








### **Timeseries**





## **Patient and Carer Tool**



#### **Patient and Carer Data Tool**

This tool has been created to help patients, families, and carers understand how care at the end of life is delivered in hospitals across different parts of the UK. You can use the icons to explore key information in five important areas, such as whether specialist services are available, whether pain is effectively managed, and whether needs are assessed.

You can look at results for different parts of the country, or for England, Wales or Jersey.

Measures Guidance Tell us what you think How-to Video **FAQs** Watch our short video on how to Find answers to the most Read more detail about This is a new tool. We would love to commonly asked questions each of the performance hear what you think so we can about the tool here. metrics in the tool. make it better. Watch the video Go to FAQs Read the guidance Send your feedback



Hospitals with face-to-face specialist palliative care (8 hours a day, 7 days)



The dying person was given enough pain relief



Hospital care and support rated as excellent or good



The dying person had discussed personalised care and support planning



Spiritual/religious/cultural needs of families and others were assessed

What is the data showing?

Proportion of bereaved people that rated the overall care and support given to themselves and others by the hospital as excellent or good

What does this mean? -

When someone is dying, it's also important to care for their family and friends. Hospital staff should try their best to listen to them, respect their needs, and support them.

This information shares what families, friends, and others said about the care and support they got from hospital staff while their loved one was in the hospital for the last time.

This report looks at care between January 1 and December 31, 2024.

Select your country or region:

England

Select a comparison:

North East and Yorkshire

North East and Yorkshire

**75%** 

Data source: Bereavement Survey -

**England** 

**72%** 

The Bereavement Survey is a set of questions given to families and friends after someone has died in the hospital.

It asks them what they think about the care their loved one received, and how well the hospital staff supported them during a very sad and difficult time.

The answers help hospitals understand what they are doing well and what they can do better to care for people and their families at the end of life.

#### National guidance:

NICE NG142 (2019)

Ambitions for Palliative and End of Life Care One chance to get it right.



## Resources

Visit the NACEL Portal QI pages to access:

- NACEL driver diagram
- Mealthcare Improvement Plan
- "Mapping document"
- QI tools
- Reporting templates

Identification of a quality issue

Stakeholder identification

Consider sustainability evaluation here

2
Understanding the current situation/problem

Stakeholder Analysis / Fishbone Diagram
Driver Diagram / Process Map

Measure for improvement

Run Charts / SPC Charts
Pareto Charts

Stage 1: Identification of a quality issue

Tools:

Stakeholder mapping & analysis (Source: ELFT)

NHS Sustainability model, PDF guide and Excel file (Source: Kent CT)

Alternative sustainability model - MUSIQ Excel file (Source: ELFT)

Stage 2: Understanding the current situation/problem

Tools:

Stakeholder mapping & analysis (Source: ELFT)

Fishbone diagram (Source: ELFT)

Driver Diagrams (Source: ELFT)

Process mapping (Source: ELFT)

Stage 3: Understanding the current situation/problem

Tools:

Run Charts (Source: ELFT)

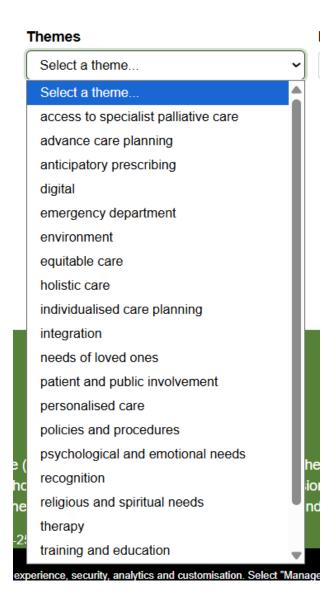
SPC Charts (Source: ELFT)

Pareto Charts (Source: ELFT)



## **Good Practice Compendium**

- The Good Practice Compendium brings together examples of 68 selected organisations demonstrating innovation and improvement through NACEL.
- These initiatives highlight practical, real-world approaches to enhancing quality of care, improving efficiency, and supporting better outcomes for service users and staff.







# **Good Practice Compendium**

#### Norfolk and Norwich University Hospitals NHS Foundation Trust

"NACEL's focus on coordination and communication within multidisciplinary teams has prompted us to enhance how we share information across care settings. Our work on shared care records and the new EPR system stems directly from these findings..."

#### **Bradford Teaching Hospitals NHS Foundation Trust**

"...following 2022 NACEL results a CNS in palliative care with a special interest in South Asian populations and religious needs has been appointed...identifying and meeting the needs of this group, which make up a significant proportion of the demographic the team see."

#### **Manchester University NHS Foundation Trust**

"NACEL has given us the opportunity to capture the experience of families and carers more clearly leading to us to expand and develop workstreams to improve their experience."

#### **Essex Partnership University NHS Foundation Trust**

"...Staff confidence increased, more accessible training opportunities."

#### **Leeds Teaching Hospitals NHS Trust**

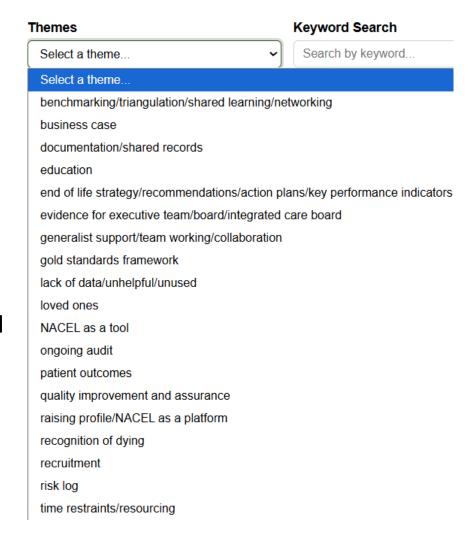
"Development of action plans in response to NACEL results has led to board level support of changes in service delivery and processes."





# Impact compendium

- The Impact Compendium is a collection of responses to the NACEL 2024 Hospital/Site Overview, where we asked hospitals to tell us what impact NACEL has had on their service.
- It's an interactive page allowing you to select the type of impact the audit has had. The purpose of this page is to encourage shared learning and networking.





## **Impact**

## How has NACEL had an impact on the local service models?

#### **Barnsley Hospital NHS Foundation Trust**

"The work around the NACEL findings will always influence and impact the changes we make for end of life care in the Trust. The findings are used as a guide for ongoing improvement around education, communication and improving the outcomes of care experienced by our patients and their families."

#### **Leeds Teaching Hospitals NHS Trust**

"20 years of participating in national audits has led to the development of a robust end of life care programme across all relevant clinical areas supported by a clear assurance and governance mechanism to report to the Trust board. Development of action plans in response to NACEL results has led to board level support of changes in service delivery and processes.."

## **Doncaster and Bassetlaw Teaching Hospitals NHS Foundation Trust**

"It has made us focus on the communication that we have with patients and loved ones, along with the quality of the documentation of care. It certainly makes you more mindful of the care that you provide when you participate in NACEL and you are aware of all of the aspects that may be audited e.g. daily checking of someone's social needs and documenting this..."

#### **Bradford Teaching Hospitals NHS Foundation Trust**

"Development of a business case and lack of face to face specialist palliative care advice placed on risk register."

## **Events**

## www.nacel.nhs.uk/events

#### **NACEL Events**

#### NACEL webinar: NACEL 2024 Findings and Recommendations

Thursday 18 September 2025 12:00 – 13:30

Join us for the next NACEL webinar taking place 12-1:30pm on Thursday 18th September 2025.

This webinar will look at the NACEL 2024 State of the Nations Report findings and recommendations

View Event →





# Next steps

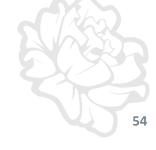
Jessica Moss, NACEL Quality Improvement Lead





## Next steps...

- Access the DIT to review your results
- Visit the NACEL Portal QI pages to access documents, tools and templates: www.nacel.nhs.uk/qi-tools
- Visit Good Practice Compendium <u>www.nacel.nhs.uk/good-practice-compendium</u>
- Visit Impact Compendium www.nacel.nhs.uk/impact-compendium
- Watch out for the Healthcare Improvement Plan
- Sign up for the next events:



# Open forum and questions (Recording finished)

All





## **Evaluation**

## Please share your feedback on the session:

https://forms.office.com/e/5y2KtyhQ1E

